



# Speak Up and be Safe from Abuse Communication board Actions - board 1 of 3

**Instructions** - This communication board set has a picture board, alphabet board, female and male body boards. Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters. If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

Abuse about sexuality

Financial abuse

Psychological/emotional abuse

Neglect

Abuse about your religion

Drunk

Trap

Steal

Follow

Hold down

Threaten

Force feed

Putting on the breaks

Hit

Burn

Pinch skin

Choke

Handled rough

Kick

Beat/punch

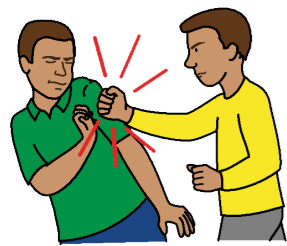
I'll spell it - show me the alphabet board

It's not on this board

Turn over

No

Yes



# Speak Up and be Safe from Abuse Communication board Actions - board 2 of 3

**Instructions** - This communication board set has a picture board, alphabet board, female and male body boards. Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters. If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

Sex

Kiss

Cuddle

Lick

Poke

Slap

Attack

Accidental

On purpose

Restraint

Given the wrong medication

Not given medication

Given too much medication

Not given food

Not given drinks

Touch

Fall over

Could not use the toilet

Sleazy

Ignore

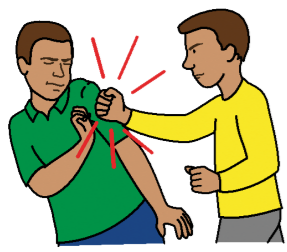
I'll spell it - show me the alphabet board

It's not on this board

Turn over

No

Yes



# Speak Up and be Safe from Abuse Communication board Actions - board 3 of 3

**Instructions** - This communication board set has a picture board, alphabet board, female and male body boards. Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters. If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

Bully

Get dressed

Get undressed

Put on

Take off

Intimidate

Break things

Locked away

Shower

Pushed against

Someone heard

Someone saw

Being lied to

Sexting

Cyber bullying

Swear

Look

Playing sport

Reviewing plan

Watching TV

I'll spell it - show me the alphabet board

It's not on this board

Turn over

No

Yes

## How to use the boards

Place/hold the boards where I can see it/point to it.

**Direct access** - The person will turn the pages and point to the relevant pictures in these boards.

**Supported, direct access** – You turn the pages and the person points to the relevant pictures, letters, numbers and words in these boards.

### **Indirect access**

- Look where the person is looking on the boards.
- Ask the person row by row where the word is. When the person indicates “yes”, ask the person column by column where the message is.

Give the person extra time to answer questions.

If the person can spell, get the alphabet board (ABC or QWERTY). This may help with specific information, such as names.

### **How to start the conversation**

“I’ve noticed you...” (e.g. seem unhappy, not sleeping well, not eating) or “You asked to talk about something, what has happened?”  
Ask open-ended questions. For example, “What happened? / Tell me more”

Confirm with simple yes/no questions. “You told me – at home – is that correct”.

Summarise/repeat to check if you have understood correctly.

Speak in short sentences. Talk about one idea at a time.

If the person struggles to initiate, you may need to specifically ask for information from each set of the boards, e.g. Actions, places, people, etc. Only use this method if the person is unable to spontaneously provide the information

### **Offer support to the person**

“Do you feel safe?” “What can I do to help you feel safe?” “What would you like me to do next?”

### Record sheet

Use the Speak Up and be Safe from Abuse record sheet to record information about your conversation.

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